

*Human milk contains a unique combination of nutrients and immune properties important for infant health. Your own milk is always preferred, but if you are not yet able to provide enough colostrum, **pasteurized human donor milk** may be the next best option.*



LEARN MORE!

Human Milk Banking Association
of North America
hmbana.org

Mother's Milk Bank of Montana
mothersmilkbankofmt.org



KVH HAS
OPTIONS FOR
BREASTFEEDING
MOTHERS

WHAT IS PASTEURIZED HUMAN DONOR MILK (PHDM)?

The use of PHDM for medically vulnerable infants is quickly becoming the standard of care across the United States due to the profound health benefits and healing effects of an exclusively human milk diet.

PHDM is carefully screened for safety by a certified milk bank. All donors are nursing mothers who go through a strict health screening process, including blood tests and signed statements of health from both mother and baby's medical providers.

Mothers receive no compensation for donating their extra breastmilk.

PHDM has been gently pasteurized. This process eliminates potentially harmful bacteria and viruses, while preserving the unique nutrients and immune properties only human milk can provide.

When a breastfed baby requires supplementation, KVH provides PHDM at no cost to the family.



WHAT IS INFANT FORMULA?

Infant formula is a breastmilk substitute and is another option available to you. Formula can provide calories when needed but it does not offer the same protective immune properties and nutrients found in human milk.

WHAT CHOICE IS RIGHT FOR YOUR FAMILY?

We will support you in whatever choice is best for your family. Talk to a member of your medical team if you have questions about PHDM or infant formula.

THE MORE MILK OUT EARLY ON, THE MORE MILK FOR THE DAYS AHEAD.

Making enough milk is the key to breastfeeding success. Whether you are supplementing with PHDM or infant formula, it is important to continue to promote milk production so that you can transition back to exclusive breastfeeding with less difficulty.

Because breastmilk supply is based on demand, your nurse will help you learn how to use your hands or a breast pump to begin removing milk for your baby. This will help prevent challenges that may arise later on (i.e., low milk supply).

LEARN MORE!

Droplet's mission is to encourage parents to take advantage of this critical window with the most effective breastfeeding techniques in order to prevent common challenges.

FirstDroplets.com