

## KITTITAS COUNTY PUBLIC HOSPITAL DISTRICT No. 1

## BOARD OF COMMISSIONERS' REGULAR MEETING KVH Conference Room A & B - 5:00 p.m.

## January 23, 2020

## 1. Call Regular Meeting to Order 2. Approval of Agenda \*\* (Items to be pulled from the Consent Agenda) (1-2)3. Consent Agenda \*\* a. Minutes of Board Meeting: January 9, 2020 (3-6)b. Approval of Checks (7) (8-10)c. Report: Foundation d. Minutes: Finance Committee (11)4. Presentations: a. Medical Arts Center (MAC) Update: Michele Wurl, Community Relations Director, Ron Urlacher, Engineering Director and Carrie Barr, Chief of Clinic Operations b. Update on Grants: Mitchell Rhodes, Grant Writer (12-13)5. Public Comment and Announcements 6. Reports and Dashboards a. Quality - Mandee Olsen, Director of Quality Improvement (14-25)b. Chief Executive Officer - Julie Petersen (26-27)i. Staff Development Plan - Manda Scott (28-31)c. Medical Staff i. Chief of Staff, Timothy O'Brien MD 1. Medical Executive Committee Recommendations for Appointment and Re-Appointment \*\* (32)ii. Chief Medical Officer, Kevin Martin MD (33-39)d. Finance - Chief Financial Officer - Scott Olander i. Operations Report (40-42)(43-51)e. Operations i. Vicky Machorro, Chief Nursing Officer ii. Rhonda Holden, Chief Ancillary Officer

## 7. Education and Board Reports

iii. Carrie Barr, Chief of Clinic Operations

f. Community Relations Report – Michele Wurl, Director of Communications & Marketing – no additional information to add since last meeting



## **KITTITAS COUNTY PUBLIC HOSPITAL DISTRICT No. 1**

BOARD OF COMMISSIONERS' REGULAR MEETING KVH Conference Room A & B - 5:00 p.m.

- 8. Old Business
- 9. New Business
- 10. Executive Session
  - a. Recess into Executive Session, Personnel & Real Estate RCW 42.30.110 (b)(g)
  - b. Convene to Open Session
- 11. Adjournment

## **Future Meetings**

February 27, 2020, Regular Meeting March 26, 2020, Regular Meeting

**Future Agenda Items** 



## KITTITAS COUNTY PUBLIC HOSPITAL DISTRICT No. 1

BOARD OF COMMISSIONERS' SPECIAL MEETING KVH Conference Room A & B January 9, 2020

BOARD MEMBERS PRESENT: Bob Davis, Erica Libenow, Matt Altman, Jon Ward, Terry Clark

KVH STAFF PRESENT: Julie Petersen, Scott Olander, Vicky Machorro, Rhonda Holden, Lisa Potter, Dr. Kevin Martin, Mandee Olsen, Carrie Barr, Michele Wurl, Jason Adler, Manda Scott

MEDICAL STAFF PRESENT: Dr. Timothy O'Brien

 At 5:00 p.m., President Bob Davis called the regular board meeting to order. President Davis welcomed Terry Clark to the Board.

## 2. Oath of Office:

Bob Davis and Terry Clark took the oath of office.

## 3. Approval of Agenda:

**ACTION:** On motion of Erica Libenow and second of Matt Altman, the Board members unanimously approved the agenda.

## 4. Consent Agenda:

**ACTION:** On motion of Erica Libenow and second of Jon Ward, the Board members unanimously approved the consent agenda.

## 5. Approval of Board Minutes:

**ACTION:** On motion of Erica Libenow and second of Jon Ward, the Board members approved the minutes. Commissioner Clark recused himself from the vote due to not being on the Board during that meeting.

## 6. Presentations:

None.

## 7. Public Comment/Announcements:

None.

## 8. Reports and Dashboards:

The Board members reviewed the QI dashboards and summary with Mandee Olsen. Olsen stated that she was requesting Board approval of the 2020 Quality Assessment Performance Improvement Plan (QAPI) as recommended by the Quality Improvement (QI) Council. Olsen went over the process and timeline of the QAPI.

**ACTION:** On motion of Matt Altman and second of Erica Libenow, the Board members unanimously approved the 2020 Quality Assessment Performance Improvement Plan as presented.

The Board members reviewed the CEO report with Julie Petersen. Petersen stated that the Values Alignment Committee has been meeting for about a year now and compensation manuals for APC's and physicians will be rolled out in January, with contracts being updated no later than January of 2021. Petersen went over the draft work plan of the strategic refresh plan. The timeline would bring the new strategic plan for 2021-2023 to the Board for approval in July of 2020. Petersen stated that she wanted to congratulate Matt Altman for being appointed to the American Hospital Association Committee on Governance (COG) as the COG Region 9 Member.

Chief of Staff Dr. Timothy O'Brien presented the MEC's recommendations for initial appointments and reappointments to the Board.

**ACTION**: On motion of Erica Libenow and second of Matt Altman, the Board members unanimously approved the initial appointment for Dr. Jonathan Meyer and the reappointments for Dr. Kevin Martin, Dr. Douglas Dixon, Dr. Thomas Ellingson, Dr. Dennis Glaskill, Dr. John Hwang, Dr. Richard Vaughan, Dr. Vanessa Wright, and Auren O'Connell, DNP as recommended by the Medical Executive Committee.

The Board members reviewed the Chief Medical Officer report with Dr. Kevin Martin.

Scott Olander reported on KVH's financial performance for November. Olander noted that the month was solid and that they have made progress with patient receipts, resulting in a positive operating income for the month. Olander reviewed the 2020 budget narrative and discussed the changes of bringing other clinics under the Rural Health Clinic umbrella.

**ACTION:** On motion of Matt Altman and second of Erica Libenow, the Board members unanimously approved the 2020 budget.

The Board members reviewed the operations report with Vicky Machorro, Rhonda Holden, and Carrie Barr. Holden stated that we switched radiology groups on January 1 to OnRad. Holden stated that, since the switch, turnaround times have improved. OnRad has contracted with a fulltime Radiologist who should be on site by the beginning of April. Barr stated that a memorial for Mary Norton will be held at the Fairgrounds on January 25<sup>th</sup>.

The Board members reviewed the Community Relations report with Michele Wurl.

## 7. Education and Board Reports:

The Board members discussed the upcoming WSHA Hospital Advocacy Days in Olympia, AHA Rural Health Care Leadership Conference in Phoenix, and the AHA Annual Meeting in Washington, D.C.

## 8. Old Business:

None.

## 9. New Business:

None.

## 10. Executive Session:

At 7:02 pm, President Davis announced that there would be an 8-minute recess followed by a 20-minute executive session regarding personnel and real estate. RCW 42.30.110(b)(g). No action was anticipated.

At 7:30 pm, the meeting was reconvened into open session.

## 11. <u>Adjournment:</u>

With no further action and business, the meeting was adjourned at 7:34 pm.

## **CONCLUSIONS:**

- 1. Motion passed to approve the board agenda.
- 2. Motion passed to approve the consent agenda.
- 3. Motion passed to approve the minutes.
- 4. Motion passed to approve the 2020 Quality Assessment Performance Improvement Plan.

- 5. Motions passed to approve the initial appointments and reappointments as recommended by the Medical Executive Committee.
- 6. Motion passed to approve the 2020 budget.

Respectfully submitted,

Mandy Weed/Matt Altman
Executive Assistant, Board of Commissioners



	DATE OF BOARD MEETING	G: January	23, 2020	
16	COVINTS DAVABLE CHECKS	TO DE ABBROA	in.	
AC	COUNTS PAYABLE CHECKS/EF	IS TO BE APPROVE	SD:	
#1	AP CHECK NUMBERS	259705-260439	NET AMOUNT:	\$7,764,349.31
		SUB-TOTAL:	\$7,764,349.31	
PA	YROLL CHECKS/EFTS TO BE A	PPROVED:		
#1	PAYROLL CHECK NUMBERS	81540-81548	NET AMOUNT:	\$10,271.13
#2	PAYROLL CHECK NUMBERS	81549-81558	NET AMOUNT:	\$15,895.94
#3	PAYROLL DIRECT DEPOSIT	EFT	NET AMOUNT:	\$1,199,863.34
#4	PAYROLL DIRECT DEPOSIT	EFT	NET AMOUNT:	\$1,159,122.39
		SUB-TOTAL:	\$2,385,152.80	
	HER ELECTRONIC FUNDS TRA			
#1	2018 \$2.9M LTGO REFUNDING I	BONDS - PRINCIPAL	NET AMOUNT:	\$392,414.00
#2	2018 \$2.9M LTGO REFUNDING I	BONDS - INTEREST	NET AMOUNT:	\$38,620.90
		SUB-TOTAL:	\$431,034.90	
то	TAL CHECKS & EFTs:	_	\$10,149,502.11	}
Prep	pared by			
CI.	Sharell Cummin	<i>s</i>		

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Staff Accountant



### **FOUNDATION ACTIVITIES**

**Annual Appeal** – Our annual appeal to the community mailed mid-October. We have been receiving donations daily and have collected over \$12,000 to date. Funds from the annual appeal go towards our unrestricted fund.

Annual Distribution – The Foundation Board discussed this year's disbursement at the November board meeting and voted to fund 3 i-Stat Machines designated for Urgent Care Cle Elum, ED and Family Birthing Place. Additionally, funding will be made available for the Cardiac and Telemetry Monitoring and Education & Accreditation program.

17<sup>th</sup> Annual Magical Evening: Dreams to Fulfill - Save the date for Saturday May 16, 2020 at the Kittitas Valley Event Center 5:30-9:30pm for an evening of dinner and a silent auction. Our fund-A-Need for the 2020 Gala will benefit local cardiac care with funds going towards the purchase of cardiac stress testing equipment and a 4<sup>th</sup> I-Stat Machine.

Gala "Save the Date" postcards are being mailed this week. See attached artwork.

Our popular "Pick Your Prize" raffle will include a wine cabinet courtesy of Fitterer's, a trip for four to Great Wolf Lodge and a Seattle getaway featuring club seats to the Mariners donated by Anderson Hay and Grain. Look for raffle tickets for sale in March.

Rural Grand Rounds – Funding has been authorized for the Rural Grand Rounds program for 2020.

Respectfully submitted, Laura Bobovski Foundation Assistant



Mark your calendars for the 17th annual Magical Evening spring gala! SATURDAY May 16, 2020 5:30 p.m. Kittitas Valley Event Center, Ellensburg, WA semi-formal attire

FOUNDATTION KNHS

603 S. Chestnut Street Ellensburg, WA 98926 509.933.8669

PRST-STD U.S. POSTAGE PAID CITY, ST PERMIT NO.

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Presented by The Foundation at KVH.

Join us for an elegant evening with unique raffles, silent auction, entertainment and dining. Proceeds will directly support cardiac care at KVH with the purchase of cardiac stress testing equipment and an iStat machine.

For more information, including sponsorship opportunities, contact the Foundation office at 509.933.8669 or foundation@kvhealthcare.org.

GALA CO-CHAIRS Connie Dunnington & Cindy Smith Learn more at kvhealthcare.org/gala

## Kittitas Valley Healthcare Audit & Finance Committee Meeting Minutes January 7, 2020

Members Present: Robert Davis, Jon Ward, Jerry Grebb, Julie Petersen, and Scott Olander

Staff Present: Kelli Goodian Delys, Jason Adler, Lisa Potter

The meeting was called to order by Robert Davis at 7:30 a.m.

A motion was made to approve the agenda, after the analysis of the ENT service line was added as an agenda item, and the December 3, 2019 minutes. The motion carried.

Scott Olander presented the financial overview of November. Volume was less than budget for admissions, patient days, and deliveries. November surgeries were less than budget, yet overall are trending upward. GI procedures are steady with being two above budget for the month. Emergency Department visits are steady with being two less than budget for November. Urgent Care was above budget for November. Radiology exams were 193 less than budget for November. Clinic visits have picked up the previous few months. This contributes to the ancillary revenue like laboratory tests. Homecare visits are down and we think this is due to the Wound Care Clinic. Days in AR decreased by four to 86 days for November. Our payer mix is trending up as we have seen a decrease in self pay. This is due in part to checking identification, asking for insurance, and helping patients sign up for insurance, who present at the Emergency Department. The day's cash on hand has remained steady and we expect a decrease in December due to payments relating to the MAC remodel. November inpatient revenue is less than budget and aligns with inpatient volume. Outpatient revenue is ahead of budget and aligns with surgical and GI procedures for the month of November. Clinic revenue exceeded budget and aligns with clinic visits for November. Revenue deductions for November included adjustments for untimely billing. Other operating revenue exceeded budget and included 340b and GCACH payments. Except for salaries most expenses were less than budget. The results are operating income of \$160,984 for the month and \$2,079,401 year to date.

The 2020 budget will be presented to the Board of Commissioners. The budget is conservative and represents improved access to care. The ENT service line is not factored into the 2020 budget. The budget includes the maximization of Rural Health Clinic reimbursement. Volume for the 2020 budget is flat for patient days and ER visits, increases are planned for deliveries, surgery cases and GI procedures. Clinics have some increases in volumes. The current payer mix is maintained in the 2020 budget. Expense increases include rate increases for salaries. This results in \$2.5 million in net income for the 2020 budget.

An analysis of the new ENT service line was presented. The service is capital intensive and was at the top of the recruitment list. The committee acknowledged that KVH is moving ahead with this service line.

With no further business, the meeting was adjourned at 8:37 a.m.

Grant	Grantee/ Applicant	Funding Category	Funding Source	Amount	Status	Funds Leveraged/Complimented	Partnershins	Directo
	1							Create a robust MAT program in Kittitas
Opioid Resource	ills		8			Opioid Planning and		County - Provides funding for Dr. Asriel and
Network Manager	KVH	Opioids	GCACH	\$100,000 Awarded	A	Implementation Grants	KCHN	RN Care Manager
Rural Mental Health								Provides training and education for
Integration	KVH	PCMH	UW/AIMS	\$245,000 Awarded		GCACH	Greater Columbia	integrated mental health at FMCE
Kural Health Systems Capacity	KVH via KVHF	Education/Starr Development	WSHA	\$5,000	\$5,000 Awarded	SoCentral Workforce Council Grant	Foundation	Provider coder education
Opioid Planning						Implementation Grant, Opioid		Create a robust plan to address opioid
Grant	KNH	Opioids	HRSA	\$200,000 Awarded	Awarded	Resource Network manager	KCHN	addiction in our county
Coder Training Grant	KVH	Education/Staff Development	SoCentral Workforce Council	\$3,800	\$3,800 Awarded	WSHA		Provides training for new coders
Opioid Implementation Grant	KCHN	Opioids	HRSA	\$1,000,000 Awarded		Opioid Planning and Opioid Resource Network Manager	KCHN Participants	Implement plan created in Opioid Planning Grant to address opioid addiction in our county
Safety Communications Equipment	KVH via KVHF	Facilities	PSEF	\$44,000 Applied			Foundation	Purchase emergency communications systems for KVH
							KVFR, Law Enforcement	
Drill Grant	KVH via KVHF	Education/Staff Development	Coverys	\$49,000 WIP	WIP	PSEF, DOH Trauma	(likely included), Foundation	Create and implement clinical and non-clinical drill program
Behavioral Health Grant	KVH via KVHF	Facilities	Premera	\$100,000 VAID	WID	PSEF, Rural Mental Health	ED Foundation	Remodel ED and ICU rooms to be safe rooms for behavioral holds and training staff
	WALL VIG INVIII	- aciliara	n cilicia	מחיחחדל	WIL	IIICEBIATIOII	LD, roundation	ion benavioral notos and transmis stari
Construction Grant	D2 via KVHF	Facilities	Sunderland		Researching	BNSF, Shoemaker, Suncadia	Foundation	Funding to supplement cost of new ambulance garage
Construction Grant	N2 vis KVHE	Escilitios	BNSE			Sunderland, Shoemaker,	Coundation	Funding to supplement cost of new
		adillities	icaio		Sum pasau	Suilcaula	roulidation	amoniarice garage
Construction Grant	D2 via KVHF	Facilities	Shoemaker		Researching	Sunderland, BNSF, Suncadia	Foundation	Funding to Supplement cost of new ambulance garage
								Funding to supplement cost of new
Construction Grant	D2 via KVHF	Facilities	Suncadia		Researching	Sunderland, BNSF, Shoemaker	Foundation	ambulance garage
Rural Health Network Development Grant	KCHN	Care Coo <mark>rdination</mark>	HRSA	\$900,000 Applied	Applied	HRSA Care Coordination, Implementation, GCACH	KCHN Participants	Funding to improve sustainability of the Health Network and create a community health workers program
Care Coordination	KCHN	Care Coordination	HRSA	\$750,000 WIP	WIP	HRSA Rural Health Network Development, GCACH	KCHN Participants	Funding to improve care coordination in our community
Community World of Difference	KCHN	Care Coordination	Cigna	\$100,000 WIP		HRSA Rural Health Network Development, GCACH, HRSA Care Coordination	KCH Participants	Funding to improve care coordination in our community
Breast Cancer Education	KVH via KVHF	Education/Staff Development	ASBSF	\$5,000	rded		Foundation	Provide community education on breast health
		Education/Staff						Provide community education on
Blue Band Initiative KVH via KVHF Development	KVH via KVHF	Development	Shoemaker	\$6,500	\$6,500 Awarded		Foundation	preeclampsia
EBM Sponsorship	KVH via KVHF Sponsorship	Sponsorship	University of Washington		Requested		Foundation	Funding for the Evidence-Based Practice Workshop

EBM Sponsorship	KVH via KVHF	Sponsorship	Washington State University	Requested	Found	Foundation	Funding for the Evidence-Based Practice Workshop
EBM Sponsorship	KVH via KVHF Sponsorship	Sponsorship	Central Washington University	Requested	Founc	Foundation	Funding for the Evidence-Based Practice Workshop
EBM Sponsorship	KVH via KVHF Sponsorship	Sponsorship	Pacific Northwest University of Health Sciences	Requested	Found	Foundation	Funding for the Evidence-Based Practice Workshop
EBM Sponsorship	KVH via KVHF Sponsorship	Sponsorship	Heritage University	Requested	Found	Foundation	Funding for the Evidence-Based Practice Workshop
EBM Sponsorship	KVH via KVHF Sponsorship	Sponsorship	Yakima Valley College	Requested	Found	Foundation	Funding for the Evidence-Based Practice Workshop
EBM Sponsorship	KVH via KVHF Sponsorship	Sponsorship	Washington Physician's Insurance	Requested	Found	Foundation	Funding for the Evidence-Based Practice Workshop
EBM Sponsorship	KVH via KVHF Sponsorship	Sponsorship	Premera Blue Cross	WIP	Found	Foundation	Funding for the Evidence-Based Practice Workshop
EBM Sponsorship	KVH via KVHF Sponsorship	Sponsorship	Cerner	WIP	Found	Foundation	Funding for the Evidence-Based Practice Workshop
EBM Sponsorship	KVH via KVHF Sponsorship	Sponsorship	Coverys	Researching	Found	Foundation	Funding for the Evidence-Based Practice Workshop
EBM Sponsorship	KVH via KVHF Sponsorship	Sponsorship	Molina	Researching	Found	Foundation	Funding for the Evidence-Based Practice Workshop
EBM Sponsorship	KVH via KVHF Sponsorship	Sponsorship	American Medical Association	Researching	Found	Foundation	Funding for the Evidence-Based Practice Workshop
EBM Sponsorship	KVH via KVHF Sponsorship	Sponsorship	American Hospital Association	Researching	Found	Foundation	Funding for the Evidence-Based Practice Workshop
EBM Sponsorship	KVH via KVHF Sponsorship	Sponsorship	Washington State Medical Association	Researching	Found	Foundation	Funding for the Evidence-Based Practice Workshop
EBM Sponsorship	KVH via KVHF Sponsorship	Sponsorship	Washington State Hospital Association	Researching	Found	Foundation	Funding for the Evidence-Based Practice Workshop
EBM Sponsorship	KVH via KVHF Sponsorship	Sponsorship	American Academy of Family Physicians Foundation	Researching	Foun	Foundation	Funding for the Evidence-Based Practice Workshop
EBM Sponsorship	KVH via KVHF Sponsorship	Sponsorship	Washington Rural Health Association	Researching	Found	Foundation	Funding for the Evidence-Based Practice Workshop
EBM Sponsorship	KVH via KVHF Sponsorship	Sponsorship	Inland Northwest Health Services	Researching	Found	Foundation	Funding for the Evidence-Based Practice Workshop



## QUALITY IMPROVEMENT REPORT – Mandee Olsen, BSN RN CPHQ January 2020

## Quality Improvement Dashboard Data Summary – through November 2019 Summary of Areas Meeting Goal or Showing Improvement

- No needlesticks or hospital acquired infections in November 2019.
- 100% compliance with sepsis guidelines.
- Dysphagia screening for patients after stroke at 100% over the past five months.
- Compliance with guidelines for patients with restraints was very good in the month of November; this was the highest number of patients we had in restraints during a single month in 2019.
- No adverse medication events reported.
- Low use of fluoroquinolones in hospital and clinics; there has been focused work this
  year regarding reduction in usage of this particular antibiotic. It is still the most
  appropriate antibiotic to be used in some cases so the goal is not zero usage.

## **Summary of Improvement Opportunities**

- Median time to CT or MRI results increased in November 2019. We continue to work with our teleradiology group to improve timing.
- There was a decrease in the days to completion of referrals in our primary care clinics, but there is still improvement to be made at KVH Family Medicine – Ellensburg.
- No falls with injury, but there were four patient falls in the month of November.

## **Patient Stories**

"I had my annual check up with Chelsea Newman recently and I wanted to say that she really is outstanding. I hadn't been to a doctor in a while (I know...) and my oldest daughter goes to her. So, in I go, really nervous and anxious. She was the perfect fit. Chelsea was thorough and explained everything so well. I thought she was just the right balance of caring, yet honest. [We] both go to the clinic in Cle Elum and the follow up was great. I felt very cared for. Carrie, thank you for your hand in placing great people in just the right place. You've always been exceptional."

-FM-CE patient to PA-C Chelsea Newman and Chief of Clinic Operations Carrie Barr



"I want to say a HUGE and inadequate THANK YOU to Juan, Dr. Larson, and his team for helping me out of a jam of my own design! I got a call from my son's school yesterday, letting me know that they didn't have a medication authorization form on file for his Epi Pens, and he couldn't go on the 4<sup>th</sup> grade field trip if they didn't get it by this morning. I thought I had already turned it in, so I scrambled to get a new form and get it dropped off. I called and spoke to Juan on Monday afternoon and he said he would make sure that Dr. Larson saw it first thing and that it would get filled out and faxed back to Lincoln. The school called me in the morning and said they didn't get it, so I called and thankfully Juan answered, checked on it and said it was already signed and faxed over. I thanked him and he said it was no big deal, but it was to me! I am so appreciative that everyone was willing to go the extra mile to turn that form around for my son when it was my fault that the school didn't have it! Everyone easily could have said 'Failure to plan on your part does not constitute an emergency on mine' but that wasn't the case at all. Thank you thank you thank you!"

-Mother of FM-E patient to PSR Juan Svendsen, Dr. Mark Larson and team

"This letter is a letter of sincere thanks. I visited your clinic for a pink eye condition. You certainly addressed that issue... More importantly, you expressed concern about my low pulse rate. I felt fine and kind of minimized your concern. The next day I went out and played golf. No big deal. But then I remembered your concern and decided to check in with my primary doctor. Two days later I had a pacemaker in my chest. I am very fit and never dreamed I would need a pacemaker. Before the procedure, my pulse was at 25. One doctor told me I was running on empty at that point. I am not trying to be dramatic, but the visit to your clinic for pink eye may well have saved my life! So thank you and my family thanks you as well."

-Visiting Cle Elum Urgent Care patient to staff

"Dear Tuesday ER Staff! Thanks for all your help getting my muscle cramp "uncramped". ...the pain left and has not returned."

-ED patient to ED staff

"Susan RN was quick and friendly. Our daughter (2) hit her head and needed help getting a laceration to close. Pat PA-C was professional and was able to explain why glue was our best option. He and Susan kept our daughter calm and brought her back to her singing and laughing self. Great job!!!"

-Father of ED patient to RN Susan Penick and PA-C Patrick Erley

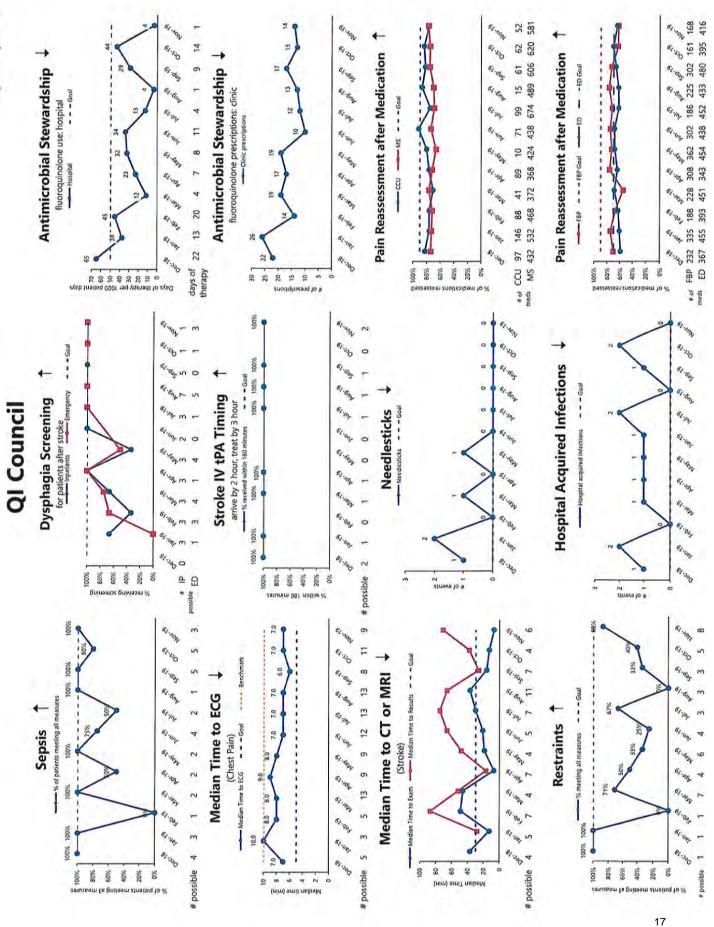
"Thank you all so much for a wonderful stay in the birthing unit. We feel so blessed by all of the nurses and staff that took care of us and baby. You all truly are exceptional."

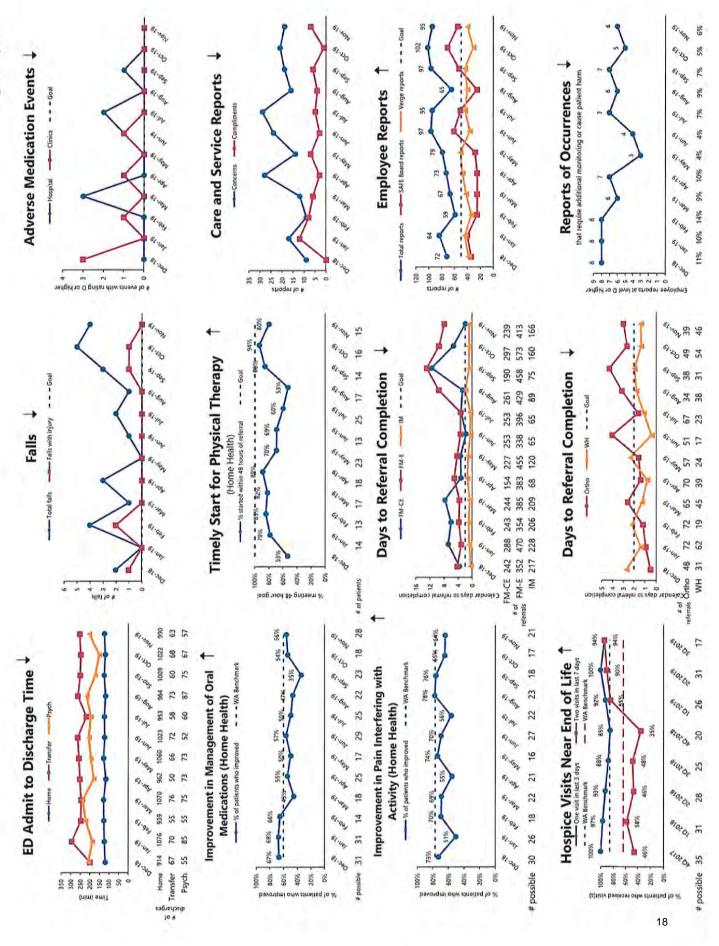
-Family and patient of FBP to FBP staff

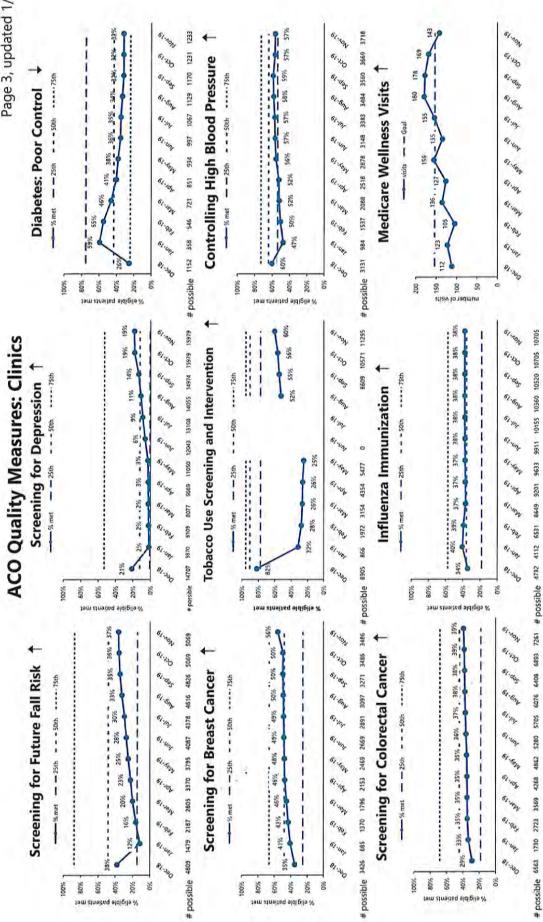


"It is difficult to adequately express the gratitude we feel for the stellar job that you did in orchestrating a care plan for [our loved one] in his last months. The immediacy with which you addressed each situation, navigated resources and encouraged contact "at any hour" made a difficult process manageable. I was so impressed with the TEAM approach and how you managed continuity and consistency even as caregivers changed. You never missed a beat and your respect and concern... ...was genuine and appreciated. We feel so fortunate for the excellent care he received and for the friends we made among you in our mutual endeavor."

-Family of Hospice patient to the Hospice team







5705 6076

KVH Measure Name	Components of the Measure	Simplified explanation or additional information	Other things to know
Sepsis	Percentage of patients who received all applicable components of the sepsis bundle	<ol> <li>Received within three hours: initial lactate level measurement, broad spectrum or other antibiotics, blood cultures drawn prior to antibiotics;</li> <li>Received within six hours: repeat lactate level measurement if initial lactate level was elevated;</li> <li>Received within three hours crystalloid fluid bolus if indicated;</li> <li>Received within six hours vasopressors if indicated</li> </ol>	
Median Time to ECG (Chest Pain)	The median time in minutes from arrival to completion of an Electrocardiogram (ECG) for patients experiencing chest pain	Arrival means the first documented activity in the Emergency Department. At KVH, this is usually a registration/quick registration entry.	Times of zero are possible if ambulance staff administered an ECG before arrival at the hospital
Median Time to CT or MRI (Stroke)	Median time from arrival to CT or MRI result availability for patients with acute ischemic stroke or hemorrhagic stroke	Arrival means the first documented activity in the Emergency Department. At KVH, this is usually a registration/quick registration entry.	
Restraints	Numerator: Number of patients who met all possible measures for restraints Denominator: Total number of patients in restraints	Measures for restraint use include:  Initial restraint order written  Restraint problem added to care plan  Restraint orders continued/signed by MD every 24 hours or sooner  Restraint charting/assessment done as frequently as appropriate for the reason for restraint (behavioral: every 15 min, medical: every 60 min)	
Dysphagia Screen for Patients with Stroke	Percentage of patients with stroke who undergo screening for dysphagia, or difficulty swallowing, can occur after a patient dysphagia with an evidence based testing protocol before being given an food, fluids, or medication by mouth.    Percentage of patients with swallowing, can occur after a patient is experiencing dysphagia may cause coughing, choking, or everage of the patient is patient.	Dysphagia, or difficulty swallowing, can occur after a patient experiences a stroke. Items given by mouth when a patient is experiencing dysphagia may cause coughing, choking, or even lead to aspiration pneumonia.	

KVH Measure	Components of the Measure	Simplified explanation or additional information	Other things to know
Stroke IV tPA Timing	Percentage of acute ischemic stroke patients who arrive at the hospital within 120 minutes of time last known well and for whom IV tPA was initiated at the hospital within 180 minutes of time last known well.	Tissue plasminogen activator (tPA) is a medication that dissolves blood clots. Some patients will experience a major improvement in their stroke symptoms if they receive tPA within three hours of symptom onset.	tPA is not used for patients experiencing hemorrhagic stroke; it can increase bleeding and potentially cause more damage to the brain
Needlesticks	Total number of staff who experience a sharps injury during the month	Dependent on reporting by staff.	
Hospital Acquired Infections (HAIs)	Total number of infections contracted by an inpatient as a linear infections from urinary catheters, certain types of result of care or treatment provided during their hospital stay. Intravascular devices, ventilators or surgeries. Based on criteria from the National Health and Safety Network (a division of the Centers for Disease Control and Prevention). Includes superficia surgical site infections.		CAUTI: Catheter-associated urinary tract infection CLABSI: Central line-associated bloodstream infection VAE: Ventilator-associated event SSI: Surgical site infection
Antimicrobial Stewardship - Fluoroquinolone Use: Hospital	Days of fluoroquinolone therapy per 1000 patient days	Fluoroquinolones are a class of antibiotic that are appropriate for use in some cases, but should not be the first choice antibiotic for some infections. They can cause sudden, serious, and potentially permanent nerve damage called peripheral neuropathy.  Fluoroquinolones are also associated with tendon damage and rupture, C. diff, or other serious side effects.	
Antimicrobial Stewardship - Fluoroquinolone Use: Clinic	Number of prescriptions for fluoroquinolones in KVH clinics	By prescription order date	Patient adherence to medication is not considered for this measure

KVH Measure Name	Components of the Measure	Simplified explanation or additional information	Other things to know
Pain Medication Reassessment	Percentage of patients in certain hospital units who had a documented follow up assessment of their pain level after receiving pain medications	Patients should be followed up with to assess whether administered medications are reducing their pain. Follow-up should occur within 60 minutes of medication administration, except oral medications in the Emergency Department should be followed up within 90 minutes.	IV Tylenol is currently excluded from this measure
Improvement in Management of Oral Medications (Home Health)	The percentage of home health patients who got better at taking their drugs correctly by mouth	Improvement is measured from the beginning of the home health episode of care to the end of the episode of care.	Tracked by the month of patient discharge from service
Improvement in Pain Interfering with Activity (Home Health)	Improvement in The percentage of home health patients who had less pain Pain Interfering with when moving around Activity (Home Health)	Improvement is measured from the beginning of the home health episode of care to the end of the episode of care.	Tracked by the month of patient discharge from service
Hospice Visits Near End of Life	The percentage of hospice patients who receive at least one visit in the last three days or life and the percentage who Hospice Visits Near receive at least two visits in the last seven days of life.	Within the last three days: at least one visit from a registered nurse, physician, nurse practitioner, or physician assistant. Within the last seven days: at least two visits from medical social workers, chaplains or spiritual counselors, licensed practical nurses, or hospice aides	Tracked by the month of patient discharge from service
Falls	Blue line (circles): The total number of patient falls anywhere in the organization Red line (squares): The number of patient falls that results in any injury	Injuries are defined as anything that requires the application of a dressing or bandage, ice, cleaning of a wound, limb elevation, or topical medication	Non-patient falls are not included (employee falls, visitor falls, parking lot falls), near misses are not included
Timely Start for Physical Therapy (Home Health)	Percentage of new home health patients with a physical therapy referral who are seen by physical therapy staff within 48 hours	Patients who have referrals for specialty care while receiving home health services should be assessed and have therapy started promptly	
Days to Referral Completion	The number of calendar days to referral completion for KVH clinic patients.	Based on month of referral order date. Only completed referrals are included in data (accounting for >90% of all referral orders).	General Surgery and Workplace Health are excluded due to small number of referrals

KVH Measure Name	Components of the Measure	Simplified explanation or additional information	Other things to know
Adverse Medication Events	Adverse Medication greater, separated by setting of clinics or hospital  Events	A Category D error is an error that reaches the patient and requires monitoring to confirm that it resulted in no harm to the patient and/or required intervention to preclude harm	Unanticipated medication allergies can be included in Category D or greater medication events
Care and Service Reports	nitted to	CMS' conditions of participation in the Medicare program include certain policies and procedures regarding the receipt of and response to grievances	
Employee Reports	The number of employee reports submitted through Verge or on department SAFE Boards	Verge is the electronic occurrence reporting system used at KVH. SAFE Boards are also used for reporting, but typically contain items of lower severity.	
Reports of Occurrences	Percentage of employee reports of a Category D or higher	A Category D error is an error that reaches the patient and requires monitoring to confirm that it resulted in no harm to the patient and/or required intervention to preclude harm	
Screening for Future Fall Risk	Screening for Future Percentage of patients age 65 years and older who were Fall Risk screened for future fall risk	Can only be reported as year-to-date progress	Excludes patients who are non-ambulatory
Screening for Breast Cancer	Percentage of women age 50 to 74 who had a mammogram to screen for breast cancer	Patients are considered to meet the measure if they had a mammogram during the measurement period or the 15 months prior to the measurement period	Excludes women who have had a bilateral mastectomy or a left and a right unilateral mastectomy
Screening for Colorectal Cancer	Percentage of adults age 50 to 75 who had appropriate screening for colorectal cancer	Patients are considered to meet the measure if they had any of the following:  Fecal occult blood test during the measurement period  Flexible sigmoidoscopy up to four years prior  Colonoscopy up to nine years prior  FIT-DNA up to two years prior  CT colonography up to four years prior	Excludes patients with a history of total colectomy or colorectal cancer

KVH Measure Name	Components of the Measure	Simplified explanation or additional information	Other things to know
Screening for Depression	Percentage of patients age 12 and older who are screened for depression using an age appropriate standardized depression screening tool AND, if positive, have a follow-up plan documented on the date of the positive screening	Several standardized screening tools exist for use in adolescents, adults, and perinatal patients. The most commonly used at KVH is active diagnosis of the Patient Health Questionnaire (PHQ-9).  If a screening is positive, the follow-up plan must include one or refuse to participat more of the following:  Additional evaluation or assessment for depression  Screening, and patient or appropriate to a practitioner who is qualified to diagnose and treat situation  Pharmacological interventions  Other interventions or follow-up	Excludes patients with an active diagnosis of depression or bipolar disorder, patients who refuse to participate in screening, and patients in an urgent or emergent situation
Tobacco Use Screening and Intervention	Percentage of patients age 18 and older who were screened for tobacco use one or more times within 24 months AND who received tobacco cessation intervention if identified as a tobacco user	Tobacco cessation intervention includes brief counseling (3 minutes or less) and/or pharmacotherapy.	E-cigarette use is not considered tobacco use. Excludes patients with documentation of a medical reason for not screening for tobacco use OR for not providing cessation intervention (eg, limited life expectancy).
Influenza Immunization	Percentage of patients age 6 months or older seen between October 31 of the prior year and March 31 of the current year who received or reported an influenza immunization		Excludes patients with documentation of a medical, personal, or system (vaccine not available, etc.) reason for not receiving immunization
Diabetes: Poor Control	Percentage of patients age 18 to 75 with diabetes whose most recent HbA1c result is >9% or did not have an HbA1c test during the measurement period	Percentage of patients age 18 to 75 with diabetes whose most can only be reported as year-to-date progress. This is a reverse Excludes diagnoses of recent HbA1c result is >9% or did not have an HbA1c test during the measurement period	Excludes diagnoses of diabetes secondary to another condition

## Revised 2/7/18

Percentage of patients age 18 to 85 with hypertension whose Patients are considered to have adequately controlled (<140/90 mmHg) hypertension if their blood pressure at their most recent visit is renal translation pressure    Excludes   Excludes	KVH Measure Name	Components of the Measure	Simplified explanation or additional information	Other things to know
		Percentage of patients age 18 to 85 with hypertension whose blood pressure was adequately controlled (<140/90 mmHg)	Patients are considered to have adequately controlled hypertension if their blood pressure at their most recent visit is <140/90.	Excludes patients with end stage renal disease, dialysis, renal transplant, and patients who are pregnant



## Chief Executive Report January 2020

**WSNA:** The bargaining unit membership will be voting on the proposed three year contact on Friday, January 17<sup>th</sup>. If all goes well I will be requesting that the Board approve the agreement. I have included the same notes regarding the contract that appeared in my last CEO Report for easy reference.

WSNA represents 142 fulltime, part time and per diem KVH nurses. The agreement that is going before the membership for ratification incorporates a lot of new language to address regulatory changes around membership and leaves. We agreed that the market indicated the need to increase a number of our premiums like weekend, night, evening, call and preceptor as well as a 3% annual adjustment to the wage matrix. WSNA wages accounted for approximately \$8.2 million dollars in wages in 2019. The first year cost of the market adjustments is anticipated to be slightly less than \$250,000. The increases have been anticipated in the 2020 operating budget.

Other adjustments in the contract that are more specific to KVH include a new premium for our Sexual Assault Nurse Examiners (SANE) nurses, an increase in the education stipend from \$300 to \$500 per fulltime nurse and a reemphasis on working with staff to mitigate workplace violence.

This will be the first increase in the education stipend in many years and reflects the increased cost of continuing education for our professional staff. This increase is also consistent with our strategy of staff development. While we anticipate some budget impact it will be minimal.

Ellensburg, unlike many rural communities, has access to an amazing staff of specially trained nurses who are skilled, not only at working with victims of sexual assault but also in handling crucial evidence. The SANE nurses will begin receiving a per exam stipend.

Our safety and security committee will include WSNA members and other staff to help us address this industry wide issue.

<u>Astria Regional Closure:</u> The leadership team has been discussing the possible impact of the hospital closure on KVH, our patients and our markets.

- We will be participating in a job fair that is being organized for effected Astria employees.
- We have taken the opportunity to post some hard to fill positions (Echo Tech, Ultra Sound Tech) a little earlier than we might otherwise.
- Possible impact on ambulatory, clinic and hospital services.

I will be meeting in mid-February with the clinic leadership team from VM-M to revitalize our partnership discussion. The meeting scheduled for last week was understandably canceled.

	Rolling 12		ACAL COT	100	dacer	13-Aug	ini-er	13-700	19-May	19-Apr	19-Mar	19-Feb	19-Jan	18-Dec
Available workforce	Variance		Į,											
Full-time	19	387	383	382	378	373	368	369	369	366	370	364	370	
Part-time	4	128	129	130	132	131	131	128	129	133	131	133	132	
Per Diem	φ	100	99	66	66	95	35	76	66	96	101	104	104	
Total Employees	6	615	611	611	609	299	594	594	297	265	602	601	909	
Quality of recruitment and retention	Rolling 12 Total													
Voluntary (excludes pd terms, includes reduction of FTE to pd)	121	13	S	00	10	16	10	6	13	5	9	00	9	
Involuntary (excludes pd terms)	11	0	0	2	-1	1	2	1	0	1	1	0	0	
Overall Percentage (excludes pd terms, includes reduction of FTE to pd)	21.90%	2.11%	0.82%	1.64%	1.81%	2.84%	2.02%	1.68%	2.18%	1.01%	1.16%	1.33%	0.99%	2.31%
Total All Employees Separated	139	13	6	12	80	17	13	12	12	11	80	7	7	
Efficiency of sourcing, selecting and placing talent	Rolling 12 Total													
Open Postings	177	7	20	15	18	20	15	14	16	80	9	11	10	
Unique Applications Received	2765	185	219	221	263	310	231	236	315	184	161	167	66	
Employees Hired	147	12	6	14	21	21	14	10	12	e	10	3	11	
Time to Fill (Median)	28.22	33.00	27.22	32.00	29.00	28.00	26.5	23.5	25.0	24.2	25	26.5	28.5	
Time to Fill (Average)	28.47	32.52	27.00	30.38	29.69	28.70	27.3	23.8	21.0	22.3	23.4	30.3	31.9	
Efficiency of sourcing, selecting and placing talent	Rolling 12 Total													
Open Postings	43	9	9	S	S	4	m	3	2	1	1	1	8	
Open Slots	46	7	7	9	S	4	3	m	2	1	1	1	m	
Unique Applications Received	21	2	3	5	0	1	0	1	4	m	0	0	1	
Candidates Interviewed	17	2	1	2	1	1	0	0	1	m	0	m	2	
Employees Hired	80	0	0	0	0	2	1	1	1	1	0	1	0	
Time to Fill (Average)	275	214	214	214	214	214	62	202	7.7.8	416	486	486	238	
Financial impact of adding talent	Rolling 12 Total			V										
Workers Comp Claims	41	5	0	2	3	1	2	2	2	3	7	4	9	
Time Loss Days	261	0	0	0	10	31	31	13	00	24	25	9	51	
Employee Population on Medical Benefits (Average)	98.99	68.7%	%0'69	92.0%	63.8%	67.3%	%0.89	68.2%	%8'99	67.2%	65.8%	67.2%	96.3%	65.2%
Total cost in benefits per FTE - welfare (Average)	\$ 853.49	_	\$ 868.34	\$ 848.45	$\rightarrow$	\$ 839.52	\$ 877.94	\$ 843.51	\$ 874.38	\$ 845.20	٧/	7/		\$ 876.60
l otal cost in benefits per FTE - total (Average)	\$ 1,843.96   \$	\$ 1,877.05   \$	1,815.38   \$	1,803.25   \$	1,796.72   \$	1,824.89   \$	1,546.29   \$	1,805.61	5 1,881.98 5	1,868.97	\$ 1,931.69	\$ 1,902.52	\$ 1,855.42	\$ 2,061.65
Providing timely feedback to employee	Total Percentage													
	STATE OF THE PERSON NAMED IN													

## Staff Development Strategic Plan 2020-2022

Theme Strategy 1: Mastering my Skills and	Service		Strategy 2: Our Code of Excellence			Strategy 3: Expanding my Potential		
Description Helping team members feel confident in their basic iob functions and build their	7,	Taking skills and comics to the next lend	to help make our teams and organization more effective. A deeper dive into the behaviors that help us thrive together as a			Encouraging team members to expand their skills and knowledge, continue the	have a happy and healthy career at KVH.	
Focus Areas  Biz Library training access  Research for skills training  Workplace violence	Other organizational topics Job competency Dept specific skills training	Respect in the workplace Civil work environment	Communication skills Customer Service Part 2 Teamwork Conflict Resolution	<ul> <li>Understanding my strengths</li> <li>Personality traits</li> </ul>	Goal setting	Gareer Development Continuing Education Skills Mastery	Career Coaching Job shadow. Strenath and Talent	Performance Excellence

## Purpose:

on top organizations that high employee engagement drives higher profitability, productivity and retention. Most importantly, Training and Development are critical areas that drive employee engagement and experience. It is found through research in healthcare, employee engagement is linked to better patient outcomes and experience.

The Gallup organization suggests that highly engaged business units realize a 41% reduction in absenteeism, 17% increase in productivity, 10% increase in customer ratings, and a 20% increase in sales.

(Gallup, 2017), (Forbes, 2019)

# **Tools and Outcomes**

Data	Communication systems	Outcomes
Employee Engagement	Biz Library	Increased employee engagement
Safety Survey	Anouncements	Decreased turnover
Exit interviews	CEO communications	Increased Patient Experience rating
Quality Risk Assessment	Manager communication	Decreased Risk and Safety events
Security Risk Assessment	HR communication	Positive reputation witin community
Training survey- 2019	Intranet	Increased financial sustainability
Focus Group- 2020	Staff Forum	Increased productivity
Training participant feedback	Anouncement board	
Other Feedback	Staff Meetings and Huddles	
Performance measures	Leader Rounding	
	Tiny Pulse	

## Notes:

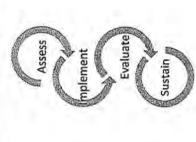
This plan is progressive and each year reinforces the previous learnings. This is a fluid model that allows us to adapt to our changing needs.

Although this is presented in a linear plan, it is cyclical with emphasis on sustainability.

We can communicate to the extent needed or appropriate.

We will use our communication systems to reinforce this focus through consistent messaging.

Each year will have a project cycle of Assessment, Implementation, Evaluation, and Sustainability Engagement, Training, and Development initatives are all integrated through this model.



3 year Staff Development - Tactical

Finalize 3 year Staff Development Plan Determine Initital Baseline Data		70.7
Determine Initital Baseline Data	Review and modify 3 year Staff Development Plan	Evaluate outcomes of 3 year Staff Development plan
	i	1
Focus groups and dialogue: Training and Staff Development needs	ì	1
Customer Service Training Research and Implementation	i	
workplace violence Implementation Partner with managers for		į.
compliance effectiveness		1
Skills and competency tools	J	
Provide teamwork and communication tools as needed		:
Sweep and update LMS System Communication	1	1
Progress:	Progress:	Progress:

2020 Quarter 1- Staff Development Action Plan items

January	February	March
Data Keview and Dialogue	Feedback, Pilot, and Implement	Review, Adjust, Sustain
Finalize 3 year staff development plan	Hold Focus Groups	Review Tiny Pulse feedback
Review Data	Disney Pilot Group-TBD	Review feedback of customer service Training
Dialogue with teams	Discussion with leaders	Finalize Proposal
Schedule Focus Groups	Research skills based training options	Schedule additional customer service classes
Discussions with vendors	Workplace violence plan- Avade training	Plan for Biz Library improvement
Discussions with Managers	Targeted survey questions- Tiny Pulse	Finalize 2020 training schedule
Schedule Customer Service training Pilot.	Finalize Plan for Customer Service training	Department specific training
Leadership approval	PFAC	Competency review
Communication	Communication	Communication

## NOTIFICATION OF CREDENTIALS FILES FOR REVIEW

Date

January 14, 2020

TO:

**Board of Commissioners** 

Kevin Martin, MD

FROM:

Kyle West

Medical Staff Services

The Medical Executive Committee has reviewed the applications for appointment or reappointment for the practitioners listed below. They recommend to the Board that these practitioners be granted appointment and privileges as noted in each file. Please stop by Mandy's office prior to the next Board meeting if you wish to review these files.

PRACTITIONER	STATUS AP	T/REAPT	SITE
Suzanne Cleland-Zamudio, MD	Provisional/Active	Apt	ENT
Byron Haney, MD Nathan Kemalyan, MD Thomas Penoyar, MD	Active Active Active	ReApt ReApt ReApt	FHCOE General Surgery General Surgery
Andrew Peet, MD Richard Roux, MD	Associate Associate	ReApt ReApt	KVH ED Orthopedics Northwest
Jocelyn Judd, PA-C	AHP	Reapt	KVH ED/KVH Urgent Care



## CHIEF MEDICAL OFFICER - Kevin Martin, MD

## January 2020

### Medical Staff Services:

- Recruiting: Mitch Engel reports.
  - We interviewed a pediatrician in December and an orthopedic surgeon in January.
  - We currently have postings for an orthopedic surgeon, an orthopedic physician assistant, a per diem hospitalist position, a pediatrician, an internist, and a family physician.
  - Dr. Asriel has started at Family Medicine Cle Elum and will be doing program development work around addiction medicine and Medications for Opioid Use Disorder (MOUD, formerly MAT).
- Business development: Lisa Potter has her usual full plate of projects. These include:

### Primary Projects:

## MOUD Program

We are exploring how a program like this might work in Kittitas County, how it might help meet
the growing need for addiction medicine services, and what the delivery model might look like
within our clinic system. Dr. John Asriel has joined our team as of the first of the year and will be
spearheading this work.

## Central Washington University

Continuing efforts to build infrastructure that will allow us to provide primary healthcare to CWU
athletes, including clinic access, phone consultations and triage. Met with our team and again
with athletic department leadership earlier in January.

## Home Health and Hospice Outreach

 Continuing efforts to further our outreach for home health and hospice services and working on developing a plan we can move forward with to determine referral patterns, identify strategic referral partners to focus direct outreach efforts, as well as relevant community and surrounding community events where we can increase KVH presence.

### Ancillary Procedures and Services

 Reviewing ancillary procedures and services that we have potential to bring back into the community or increase access for the community, including exercise treadmill tests, sleep studies and pulmonary procedures.

### Ongoing Projects:

- Specialty Services Access
- Pulmonary Rehab Program/Cardiopulmonary Rehab Option
- Pulmonary Procedures and Sleep Medicine
- Expanded pediatric services
- Palliative Care
- Medical staff: Kyle West reports that we have 1 initial appointments for January and 6 reappointments.
  - We have 4 students and one resident currently rotating here. Kyle is working on an addition 5 student rotations.

### CMO activities:

## Community & Regional Partnerships

- Greater Columbia Accountable Community of Health was fairly quiet through the holidays. Attached is their annual report.
- The Washington Rural Health Collaborative Physician Leadership Committee met 12/16. The group is nearing completion of pilot work to become a delegated credentialing service for all Washington payers. Currently, we submit information on each of our providers to each payer who then adds the provider to their panel. Delegated credentialing would allow the WRHC to act as a single entity for all payers, giving us a streamlined and more responsive process. We expect this should allow the credentialing process to shrink from 60-90 days to 30 or less.
- The Values Alignment Committee continues to have very interesting, sometimes challenging meetings and is wrapping up around primary care compensation model.
- We continue work on a third Evidence-Based Medicine workshop March 13 & 14.

Respectfully submitted,

Kevin Martin, MD Chief Medical Officer





## **Our Mission**

To advance the health of our population by decreasing health disparities, improving efficiency of health care delivery, and empowering individuals and communities through collaboration, innovation, and engagement. ANNUAL REPORT 2019

## **Letter from the Executive Director**

2019, the Opportunity for Sustainability

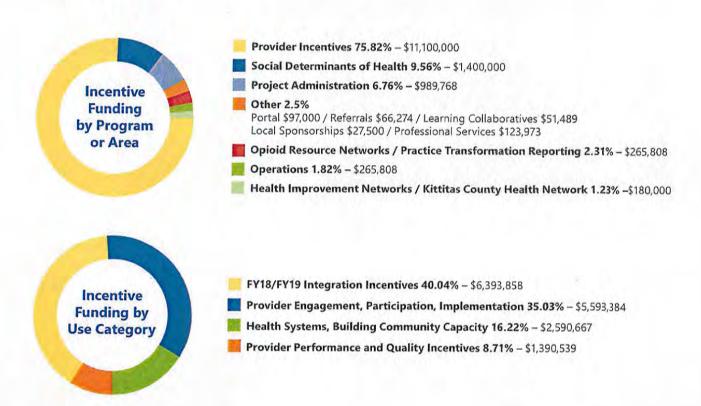
If I were to create a word cloud from the most commonly talked about topics during 2019, I bet the word 'incentives' would be prominently featured in the center! GCACH pushed out a lot of incentive funding as shown below.

While the work of Greater Columbia Accountable Community of Health was about transforming the healthcare delivery system, we were also busy transforming our organization and using the opportunity of the Medicaid waiver to strengthen our capacities. GCACH staff attended conferences, webinars, trainings, and classes to advance our abilities to better meet the needs of our stakeholders, providers, and communities. We also changed office locations to increase the productivity and visibility of our organization, added a marketing department, and developed a quality improvement strategy for the Medicaid Transformation project and for GCACH staff.

We ended 2019 on a high note. With the support of a great Board of Directors, GCACH has committed \$50,000 in backstop funding for Pasco Haven, a planned Permanent Supportive Housing project for chronically homeless individuals; \$490,000 to support provider organizations willing to precept, supervise, or train professionals seeking careers in behavioral health; and contracted with Field Group, a marketing and advertising company that is helping launch a pilot campaign to promote community resilience in Yakima.

While incentive payments were the outcome measure of transformation success in 2019, GCACH is busy identifying and pursuing opportunities for a sustainable future during 2020.

### Carol Moser, Executive Director





## Workforce

- \$490,000 Behavioral Health Internship and Training Fund
- Fund supports organizations willing to precept, supervise, or train Behavioral Health professionals needing clinical experience to complete education or certification requirements



## Practice Transformation

The tables below outline the incentive dollars distributed to Cohort 1 and Cohort 2 Practice Transformation organizations and the types of Practice Transformation sites funded.

Counties	Cohort 1	Cohort 2	Total	Percentage
Asotin	\$499,398	\$113,320	\$612,718	5.50%
Benton	\$1,282,638	\$566,599	\$1,849,237	16.61%
Columbia	\$387,354	\$113,320	\$500,673	4.50%
Franklin	\$1,246,055	\$99,938	\$1,345,993	12.09%
Garfield	\$439,605	\$0	\$439,605	3.95%
Kittitas	\$768,154	\$0	\$768,154	6.90%
Walla Walla	\$1,473,431	\$113,320	\$1,586,751	14.25%
Whitman	\$746,907	\$113,320	\$860,227	7.73%
Yakima	\$2,377,534	\$793,238	\$3,170,772	28.48%
Totals	\$9,221,076	\$1,913,054	\$11,134,130	100.00%

Туре	Cohort 1	Cohort 2	Total
Behavioral Health	6	15	21
Dental	1	1 -	1
Hospitals	11	-	11
Primary Care	26	0	26
Residential Treatment Facility	-	2	2
Urgent Care Center	1		1
Totals	45	17	62

## CSI Implementation

- GCACH implemented the CSI Healthcare Community platform, a landing page for Practice Transformation organizations and activities.
- Includes Reporting Portal where 62 practice sites upload Practice Transformation Milestone data and information.



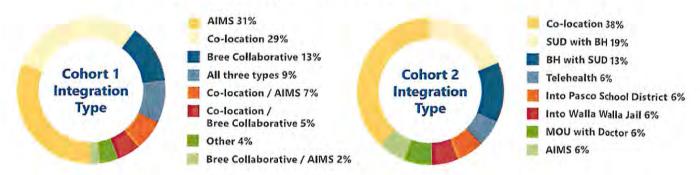


Due to Transitional Care Management efforts at Providence St. Mary's Medical Center, there was a reduction in the 30-day hospital readmission rate by 0.41%, which yielded \$152,731 in reimbursement.



## **Integrated Managed Care**

- Integrated Managed Care (IMC) Incentive Funding for Behavioral Health \$6,400,000
- Behavioral Health Integration The most extraordinary Practice Transformation Milestone success is the accomplishment of Behavioral Health Integration by all of our Cohort 1 organizations. Providers have had flexibility in adopting different models of Behavioral Health Integration especially for providers in Cohort 2.





### Social Determinants of Health

### Community Resilience Campaign: Resilient Communities Raise Resilient Children

The Community Resilience Campaign's goal is to build resilience at the community level, targeting the societal systems that bear the responsibility of providing protective factors to raise resilient individuals. To determine the key messaging, GCACH has convened a Community Resilience Campaign Task Force comprised of 23 subject-matter experts. The campaign's focus is to raise awareness of trauma-informed practices as well as the N.E.A.R science, as it pertains to child brain development. For more information, please visit **buildingresiliencewa.org**.



### **Permanent Supportive Housing**

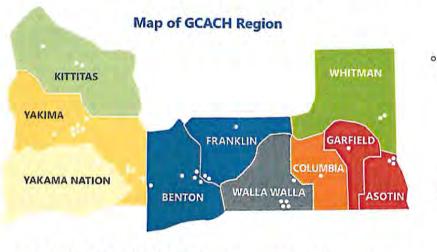
During GCACH's March 2019 Supportive Housing Summit, community members identified a need for Permanent Supportive Housing for the chronically homeless in Benton and Franklin Counties. GCACH has been working with the Catholic Charities Diocese of Spokane to develop a 52-unit facility in Pasco.

### **LHIN Funding**

Each Local Health Improvement Network has the potential to earn \$30,000 per year during the Medicaid Transformation. In 2018-2019, \$180,000 was distributed to the LHINs.

### **Community Health Fund**

A Community Health Fund in the amount of \$1,400,000 was established to address the Social Determinants of Health (SDOH) in GCACH counties. All funding was released to third-party administrators across the region to address the SDOH identified by each Local Health Improvement Network (LHIN). This created 39 new Community Partnerships.



### PARTNERING PROVIDERS\*

Asotin County - 6 Partners Benton County - 19 Partners Columbia County - 3 Partners Franklin County - 7 Partners Garfield County - 2 Partners Kittias County - 5 Partners Walla Walla County - 9 Partners Whitman County - 4 Partners Yakima County - 23 Partners

\*Dots indicate approximate locations of partnering providers



### Reporting

This table outlines the funds earned by GCACH in 2019 for completion of reporting.

LOCAL HEALTH IMPROVEMENT NETWORKS

Benton Franklin Community Health Alliance

Kittitas County Health Network

Whitman County Health Network

Total Incentives	\$22,985,216
Value Based Payment Incentive Funds	\$300,000
Shared Domain Incentives (IGT)	\$5,626,834
Project Incentives (IGT)	\$2,455,466
Project Incentives (DSHP)	\$14,602,916

Blue Mt Region Community Health Partnership

Yakama Nation (contract to be finalized in 2020)

Southeast WA Rural Health Network

Yakima County Health Care Coalition

### 2019 in Review

Measure Name	Goal	Trend
Antidepressant Medication Management	•	-
Asthma Medication Management 1	*	-
Asthma Medication Management 2	•	-
Child & Adolescent Visits to Primary Care	•	
Diabetes Care: Blood Sugar Testing	•	and the same of th
Diabetes Care: Eye Exams	•	-
Diabetes Care: Kidney Check	•	
ED Follow-up: Alcohol & Drug Dependence	•	-
ED Follow-up: Mental Illness	•	-
Emergency Department (ED) Visits		· · · · · · · · · · · · · · · · · · ·
Heart Disease Medication Management	•	John
Hospital Follow-up: Mental Illness	•	-
Hospital Readmissions		and the same of th
Hospital Utilization	•	-
Mental Health Treatment Penetration	*	
Patients Prescribed High-dose Opioids	•	-
Patients Prescribed Opioids & Sedatives		
Percent Homeless		-
ubstance Use Disorder Treatment Penetration	•	
ubstance Use Disorder Treatment Penetration (Opioids)	•	

- Kittitas County Health Network (KCHN) implemented the Health Commons, a community health information exchange to coordinate complex cases with co-occurring behavioral health disorders and integrate wraparound services for these clients.
- GCACH partnered with Kennewick Fire Department to pilot ImageTrend community paramedicine software through mobile community health, also known as Community Paramedicine. The pilot will monitor changes in 911 calls, ED transports, and ED utilization.
- The Yakima County Health Care Coalition (YCHCC) is piloting a Patient Activation Measurement (PAM) tool across five provider organizations. The goal is to activate patients to engage in better health management.
- Managed Care Organizations (MCOs) in the Greater Columbia region have been sponsoring GCACH providers to allow access to the Collective Platform Emergency Department Information Exchange (EDIE) tool. The goal of this project is to improve care coordination by informing providers when their clients visit the emergency department or are hospitalized.
- GCACH contracted with four Opioid Resource Networks (ORNs) to coordinate a systemic response to the complex issues of opioid addiction among the Medicaid and lowincome populations, focusing specifically on Medication Assisted Treatment (MAT) for individuals with Opioid Use Disorder (OUD).



The money received from the GCACH Community Health Fund has made it possible for Columbia County Health System to purchase a new, modern, and flexible transport van that can accommodate vehicle chair, wheelchair, and gurney patients.

GCACH moved to a new location in October 2019 to be more centrally located and visible to our current and future stakeholders as part of our sustainability plan. On September 26, 2019, the Yakama Nation hosted GCACH staff and Directors from its Board, as well as staff from the tribal behavioral health services department, for a **Cultural Competency Training**. The training was conducted by Arlen Washines, Deputy Director for the Yakama Nation Department of Human Services, and Emily Washines, an author and poet.

## GCACH has developed a Quality Improvement Strategy with two components:

- Addressing the process in which organizations are chosen and mentored for sites working toward becoming a Patient-Centered Medical Home.
- 2. Improving their processes to ensure that providers are getting the technical assistance needed to transform their delivery system.



GCACH's company vehicles logged 31,702 miles to deliver technical assistance and attend meetings.



GCACH staff attended conferences, trainings, and webinars to better meet the needs of our stakeholders, providers, and communities. GCACH staff also participated on state-wide panels to share population health management strategies.



GCACH added a Marketing Department managed by Lauren Noble.



GCACH hosted over 100 meetings including: Board, Leadership Council, Practice Transformation Workgroup, Learning Collaborative, Summit and Committee meetings.



GCACH has 11 full-time employees

### Board of Directors (Representing 17 different sectors)

### **Brian Gibbons**

Astria Sunnyside Hospital Healthcare Provider

### Carrie Green

Senior Life Resources Philanthropy

### Dan Ferguson

Yakima Valley College Workforce

### **Darlene Darnell**

Catholic Charities Community/Faith Based

### Dana Oatis

Lourdes Health Network Behavioral Health

### **Eric Nilson**

Kennewick Fire Department Public Safety

### Jorge Arturo Rivera

Molina Healthcare Managed Care Organizations

### Julie Petersen

Kittitas Valley Healthcare Hospital

### Les Stahlnecker

ESD 123 Education

### Lottie Sam

Yakama Nation Tribes

### Madelyn Carlson People for People

Transportation

### Martha Lanman

Columbia County Public Health Dept. / Grant County Health District Public Health

### Rhonda Batchelor

Lourdes Health Network Consumer

### Rhonda Hauff

Yakima Neighborhood Health Services Housing

### Ruben Alvarado

City of Pasco Local Government

### Sandra Suarez

Yakima Valley Farm Workers Clinic Federally Qualified Health Centers

### Susan Grindle

HopeSource Social Services

# GRANTS – Mitchell Rhodes January 2020

### **Hospital District 1**

- Recently Awarded
  - GCACH \$100,000 Opioid Resource Network Manager and Expand Medication Assisted Treatment at KVH
    - First installment received (\$50,000)
    - First quarter report completed
  - UW/Premera Rural Mental Health Integration \$245,000 per clinic Training and ongoing support to integrate mental health initiatives into Family Medicine Cle Elum
    - Waiting for response to receive our first installment
- Received Awards (Funds received in full)
  - WSHA Rural Health Systems Capacity \$5,000 Provider Coder Education
  - HRSA Opioid Planning Grant \$200,000
    - Final reporting stage
  - American Society of Breast Surgeons Foundation \$5,000 Breast Cancer
     Education via KVH Foundation
  - O Shoemaker Foundation \$6,500 Blue Band Initiative via KVH Foundation
  - o DOH Trauma Grant \$10,503 Trauma Coordinator
  - o SoCentral Workforce Council \$3,800 Coder Training
- Recently Completed/Closed Grants
  - DOH Coverdell Stroke Quality Improvement
- Waiting Determination
  - Puget Sound Energy Safety Grant up to \$44,000 Purchase emergency communication systems for KVH – via KVH Foundation
    - Expected Determination December 2019
- Works in Progress
  - Coverys Foundation Grant \$49,000 Rolling Develop and Implement both
     Clinical and Non-Clinical Drill Program via KVH Foundation
  - Premera Behavioral Health \$100,000 Rolling Grant to remodel 2 Emergency and 2 ICU rooms to be safe rooms for behavioral holds, and training for staff – via KVH Foundation

### **Hospital District 2**

Seeking grant funding to assist in the building of the new ambulance garage

- Researching
  - o Sunderland Foundation Grant
  - Burlington Northern Foundation Grant
  - Shoemaker Foundation Grant
  - o Suncadia Foundation Grant

### **KCHN**

- Recently Awarded
  - o HRSA \$1,000,000 Opioid Implementation grant
    - KVH should be receiving its first installment for the work we are doing for the grant
- Waiting Determination
  - HRSA Rural Health Network Development Program \$900,000 Improve sustainability of the Health Network and create a community health workers program
    - \$300,000 per year for 3 years
    - Expected Determination June/July 2020
- Recently Not-Funded
  - Bureau of Justice Assistance Grant \$750,000 over 2 years Opioid Implementation Grant Supplement
  - Molina Community Grants Up to \$100,000 October 18 Grant will hire staff to coordinate and increase the capabilities of care coordination platform and the A-Team
- Works in Progress
  - HRSA Care Coordination \$250,000/year Due March 12- Funding to improve network care coordination with a 3 year implementation
  - Cigna Community Grant Grant will hire staff to coordinate and increase the capabilities of care coordination platform and the A-Team

### Evidence-Based Practice Workshop Sponsorships

Seeking event sponsorship up to \$10,000 for the Evidence-Based Practice Workshop in March 2020

- Requests Sent
  - University of Washington School of Medicine
  - Washington State University School of Medicine
  - Central Washington University Department of Health Sciences

- Pacific Northwest University of Health Sciences
- o Heritage University Physician's Assistant Program
- o Yakima Valley College Nursing Program
- o Washington Physician's Insurance
- Works in Progress
  - o Premera Blue Cross
  - o Cerner
- Researching
  - o Coverys
  - o Molina
  - o American Medical Association
  - o American Hospital Association
  - Washington State Medical Association
  - Washington State Hospital Association
  - American Academy of Family Physicians Foundation
  - o Washington rural Health Association
  - o Inland Northwest Health Services





### PATIENT CARE OPERATIONS

### Emergency Department/Urgent Care Clinic:

The Urgent Care Center in Cle Elum continues to see a steady growth of volume. The staff have been able to adequately service this patient population with intermittent assistance from the Registration staff.

### Surgical Services:

The surgery staff and Director have been working very hard in preparation for the new ENT service line. Topics impacted are Cerner, special equipment and training for procedures, and developing processes and education specific to pediatrics. We are excited to be able to offer these services to our patients.

### Clinical Education:

The Medical/Surgical Certification Class has started and there are 12 Registered Nurses enrolled from KVH. This is a 12 week on-line course, sponsored through the University of Washington. Upon completion of the course, the RN has the option of testing for the National Certification of Medical/Surgical Nursing. Attendees attending represent the HHH/ MS/CCU and clinics.

### Telemetry Accreditation:

Ongoing efforts continue for this project. The Nurse Practice Committee has agreed to assist the managers with developing standard Work, education, and implementing policies and procedures for the accreditation.

Thank you, Vicky Machorro, Chief Nursing Officer

### ANCILLARY SERVICES OPERATIONS

### Diagnostic Services:

Dr. Sheldon Jensen, formerly employed by Yakima Valley Radiology, has signed a contract with OnRad to be the fulltime onsite radiologist at KVH. Kyle West has sent Dr. Jensen a credentialing packet and his start date has been set for mid-April. MDIG is assisting in the transition of service to OnRad as it a complex process for KVH IT, MDIG and OnRad to create new interfaces with our PACS system. Everyone involved is committed to ensuring our patients and providers receive high quality service during this transition.

Our patient satisfaction scores for lab, imaging and cardiopulmonary services have been quite good. We've been handing out paper surveys since August 2019 in the departments and patients drop off a completed survey in a locked box in the waiting area. The survey results from August-December 2019 are attached.

### • 340 B Program:

As the covered entity, KVH is responsible for ensuring compliance with HRSA's requirements of all aspects of the 340B program. Recent internal audits have discovered the following issues:

- \* Prescriptions were filled under this program for providers who no longer are employed by KVH. This has resulted in KVH notifying the drug manufacturers of the error and pay-back of the cost of the medication at wholesale cost (\$220).
- \*One third party administrator was inadvertently including Medicaid prescriptions in the 340B program and this error will likely result in a payback to Medicaid.

With each finding, the pharmacy puts a corrective action in place to prevent the issue and continues to monitor for errors. We report the audit findings to the Compliance Committee. We are planning to have an external firm audit our program in the 3<sup>rd</sup> quarter of 2020 and will be hiring an additional pharmacy technician to assist with ongoing internal program audits.

### Hospice:

In 2019 we developed medication algorithms and set up a Collaborative Practice Agreement with Dr. Kevin Martin to allow us to fill our Hospice patient prescriptions at KVH rather than a contracted pharmacy. This has provided wonderful customer service to our patients as the medications are available 24/7 rather than by mail order, and our pharmacist attends the IDG meeting to make recommendations on medication use for our patients. Making this switch has also resulted in us saving \$145,432 in medication expenses for the Hospice program and also supported our 340B program.

Thank you, Rhonda Holden, Chief Ancillary Officer

### **CLINIC OPERATIONS**

### • Immigration Visits:

Dr. John Merrill-Steskal has just received his civil surgeon approval. This means he will be able to conduct immigration exams for anyone who is applying for permanent US residency. This designation is from the United States Citizenship and Immigration Services.

### SBI Program:

Dr. John Merrill-Steskal is working on a project for Screening Brief Intervention with a focus on risky alcohol use with women of childbearing age which may lead to fetal alcohol spectrum disorders. We were only one of 25 clinics nationwide in this champion program. This is a 3 year program and so far Dr. Merrill-Steskal has introduced the program to the other clinics. We have also adjusted our patient health form to follow the screening needed to inform the provider.

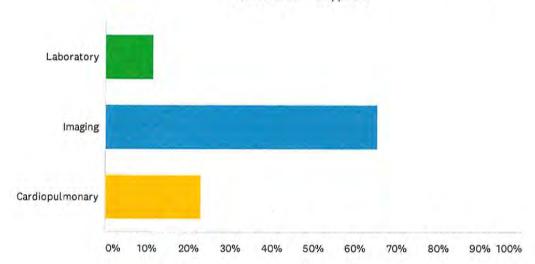
### Dr. Herman/Debbie Perry:

A successful retirement party was held on January 12<sup>th</sup> at Hal Holmes for this dynamic duo. We miss them already but are thrilled they will be sleeping through the night and enjoying the next life's chapter.

Thank you, Carrie Barr, Chief of Clinic Operations

# Q1 Services Used Today (check all that apply):



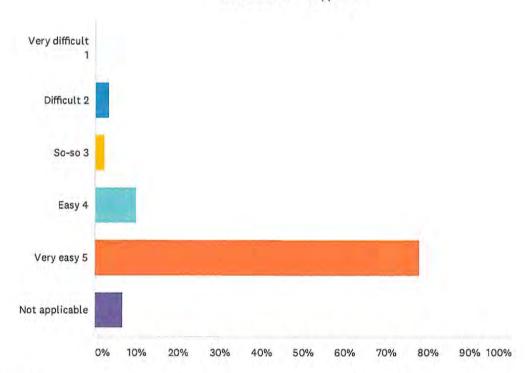


ANSWER CHOICES	RESPONSES	
Laboratory	11.49%	10
Imaging	65.52%	57
Cardiopulmonary	22.99%	20

Total Respondents: 87

# Q3 How easy was it to schedule your test at a time that was convenient to you?

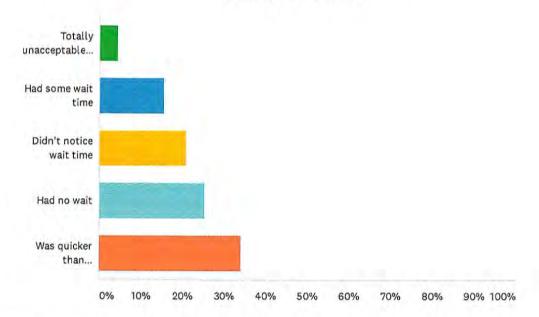




ANSWER CHOICES	RESPONSES	
Very difficult 1	0.00%	0
Difficult 2	3.30%	3
So-so 3	2.20%	2
Easy 4	9.89%	9
Very easy 5	78.02%	71
Not applicable	6.59%	6
TOTAL		91

## Q4 How quickly did you receive care?

Answered: 91 Skipped: 1

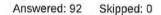


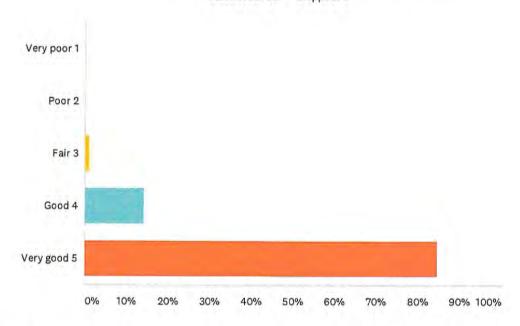
ANSWER CHOICES	RESPONSES			
Totally unacceptable wait	4.40%	4		
Had some wait time	15.38%	14		
Didn't notice wait time	20.88%	19		
Had no wait	25.27%	23		
Was quicker than anticipated	34.07%	31		
TOTAL		91		

3/5

48

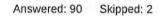
# Q5 Please rate the cleanliness of the facility:

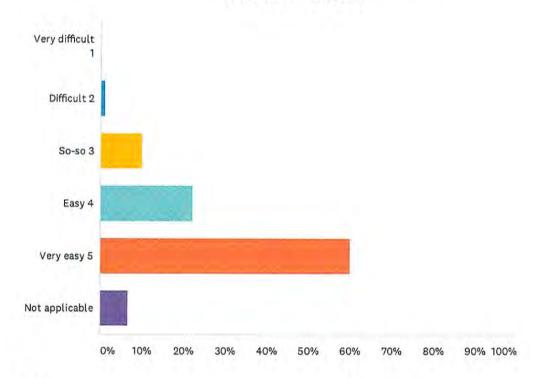




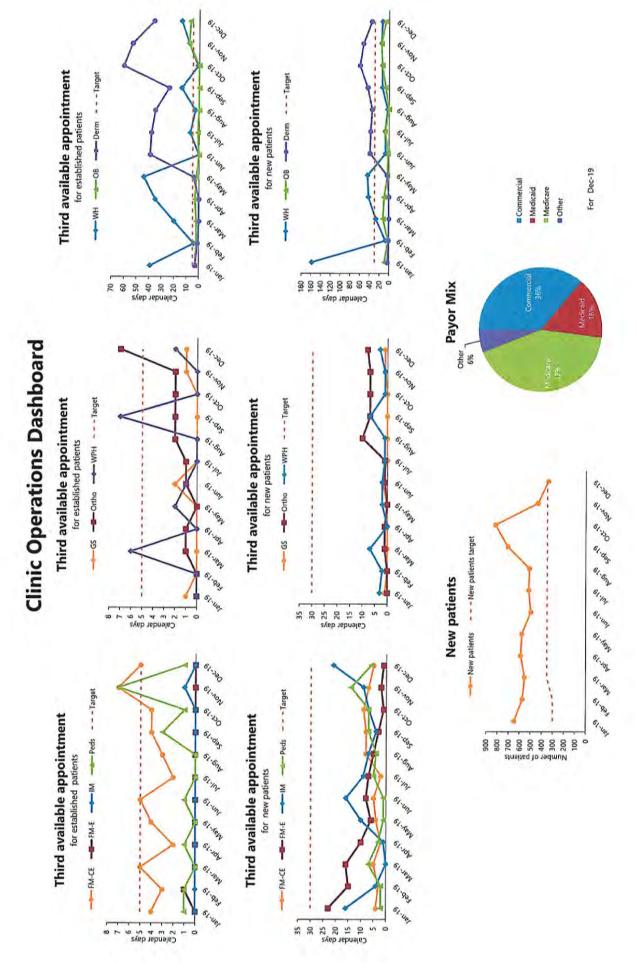
ANSWER CHOICES	RESPONSES	
Very poor 1	0.00%	0
Poor 2	0.00%	0
Fair 3	1.09%	1
Good 4	14.13%	13
Very good 5	84.78%	78
TOTAL		92

# Q6 With previous tests, have you encountered any difficulty with your doctor/clinician receiving results?





ANSWER CHOICES	RESPONSES	
Very difficult 1	0.00%	0
Difficult 2	1.11%	1
So-so 3	10.00%	9
Easy 4	22.22%	20
Very easy 5	60.00%	54
Not applicable	6.67%	6
TOTAL		90



020	DEC	TBD 5pm Special Meeting	Update 2020 Operating Budget 2021 QAPI Approval		
dar 2	NON	12/3 5pm Special meeting	Approve 2021 Operating and Capital Budgets		
Calen	OCT	22 5pm	Plan Board Retreat Budget Hearing Annual CEO Evaluation Election of 2021 Officers Approve 2021 Board Committees & 2021 Board Calendar		WSHA Annual Meeting Renton, WA 10/7-10/8
nning	SEP	24 5pm	Board Self- Evaluation		
ers Pla	AUG	27 5pm	Approve Budget Assumptions (Operating & Capital)		
Ird of Commissioners Planning Calendar 2020	JUL	23 5pm			AHA Leadership Summit San Diego, CA 7/19-7/21
Comm	NOC	25 5pm			WSHA Rural Conferen ce Chelan, WA 6/21- 6/24
d of	MAY	28 5pm	Acceptance of Financial Audit		NRHA Annual Rural Health Conference San Diego, CA 5/18-5/22
e Boar	APR	23 5pm			IHI Annual Summit San Diego CA 4/26-4/28 AHA Annual Meeting WA DC 4/19-4/22
Kittitas Valley Healthcare Boa	MAR	26 5pm	Compliance Plan and Policies		NW Rural Health Conference Spokane, WA 3/23-3/25
ey Hea	FEB	27 5pm	Update Board Ed/Dev Plan		AHA Rural Health Care Leadership Conference Phoenix, AZ 2/2-2/5 NRHA Rural Health Policy Institute Washington, D.C 2/11-2/13
s Vall	JAN	23 5pm	Strategic Plan Refresh		WSHA Hospital Advocacy Days Olympia, WA 1/29-1/30
Kittita		Regular Meeting	smetl gnibnet2	Presentation Subject to Change	EDUCATION, CONFERENCES & SPECIAL MEETINGS

JAN FEB MAR	KVH host 3 <sup>rd</sup> Annual Chamber EBM Business Workshop After Hours 3/13-3/14 Events 2/20	21 25 24  Board 7:30am 7:30am 7:30am Finance	8 12 11 5:15pm MEC 5:15pm 5:15pm	QI Council 3:00pm	Foundation         28         24           Board         5:30pm         5:30pm	Compliance         9         13         12           3:30pm         3:30pm         3:30pm	Strategic Planning	Joint Districts	HD #2 20 17 16
IR APR	nual Provider M Appreciation Shop Dinner 3/14 4/1	t 21 7:30am am	5pm 8 5:15pm	13 3:00pm	t md	9 9 pm 3:30pm			5 20
MAY	CWU Hall of Fame Banquet 5/2 Foundation Gala 5/16	26 3:00pm	13 5:15pm		26 5:30pm	14 3:30pm			18
JUNE		23 7:30am	10 5:15pm	15 3:00pm		11 3:30pm			15
JULY		21 7:30am	8 5:15pm		28 5:30pm	9 3:30pm			20
AUG		25 7:30am	12 5:15pm	17 3:00pm		13 3:30pm			17
SEPT		22 7:30am	9 5:15pm		22 5:30pm	10 3:30pm			21
DOCT		20 7:30am	14 5:15pm	19 3:00pm		8 3:30pm			19
NOV		TBD 7:30am	11 5:15pm		17 5:30pm	12 3:30pm			16
DEC		TBD 7:30am	9 5:15pm	14 3:00pm		10 3:30pm			21

**Emerging Topics:** 

WRHC Initiatives
Kittitas County Health Department
WRHA
ACO
WSHA/AWPHD